



HEALTH & SAFETY POLICY

1. General Policy

1.0 It is the policy of RISING STARS FC to take all reasonable and practicable steps to safeguard the health and safety and welfare of all employees and to protect all other persons against hazards to health and safety arising out of the Club's activities.

1.1 The co-operation of every member of the Club and supporters is necessary in promoting this policy and in ensuring that the standard of health and safety which is achieved is always at least equal and preferably above the standards set by the Health and Safety at Work Act and the regulations made under it.

1.2 The Club will ensure that suitable and sufficient risk assessments are carried out where deemed necessary, that procedures and safe systems are implemented in accordance with all current statutory provisions and that all reasonable and practical measures are taken to avoid risk.

Safe practices will be adopted and continuous improvement will be sought through regular reviews.

2. First Aid

2.1 The responsibility for implementing this policy rests with the Club DIRECTORS, who will appoint a representative to act on the club's behalf.

2.2 Each team will have an approved First Aider and First Aid kits will be kept up to date. The Club will seek medical advice from their nominated doctor when required.

3. Accidents

An Accident Book is maintained in the Club Office.

All accidents or injuries sustained whilst on Club business must be recorded in the Accident Book.

Accident profiling will take place to establish if there are any areas on concern and remedial actions completed.

4. Playing and Training Venue Checks

Checks should be undertaken to ensure that:

- The playing venue (pitch, sports hall, all weather surface, field etc.) are assessed for any hazards i.e. any obstacle, item or implement which may cause harm or discomfort to any player, official or spectator.
- That goal posts are secure and safe
- That corner flags are used correctly in matches.
- Changing facilities are secure and safe
- Access, egress and spectator facilities are safe.

5. COVID-19

The club has a designated COVID Co-ordinator. Each team also needs an individual COVID Officer.

The Club are to follow all Covid advice and ensure provisions and signing is procured to ensure Players , and Committee follow guidance
This is continually reviewed in line with official guidance.

6. Commitment

- We will provide and maintain a healthy working environment at all times and endeavour to ensure that the safety and personal security considerations form an integral part of the way our organisation operates.
- To undertake risk assessment of any premises where our activities take place.
- Create a safe environment by putting health and safety measures in place as identified by the risk assessments that satisfies health, safety and welfare requirements.
- Provide adequate training, information, instruction.
- Ensure that all are aware of the hazards and risk arising from their activities.
- To safeguard the health, safety and well-being of any member of the general public who can be affected by our activities.
- We will check that all equipment we use is suitable and fit for the purpose intended and properly maintained and used in a safe manner.

7. General

In addition, it is the statutory duty of every employee at all times to take reasonable care for the health and safety of themselves and all others who may be affected by their actions. Advice on matters of Health and Safety is available to the club by the Health and Safety Executive and is available from The Guide to Safety at Sports Grounds. Accident Book.